



## **Weekly Cleaning**

Did you ever wonder why in some homes that have tile bathrooms, the tile is so clean and looks new and in others there is a red brown discoloration on the grout or black discoloration? That "discoloration" is microbial and perhaps minerals from the water.

I was cleaning my shower this morning and i realized i never saw my mother clean the bathroom. On her hands and knees, scrubbing the tile, every week, week in and week out. She had to be doing that for it to look brand new after 20 plus years of use.

When i go to inspect a home for mold in the bathroom, i hear from a lot of customers, alot, that they don't have a fan in the bathroom for ventilation, they don't even have a window or if they have a window they don't open it every time someone takes a shower.

While having an exhaust fan is the best protection against microbial growth in a bathroom, you still can clean the surfaces regularly. Both horizontal and vertical surfaces. That means both the walls and the ceiling. The vapor rises with the temperature and most of the microbes wind up being on the ceiling or around a light switch or door. Remember even if you have an exhaust fan you still have to clean all the surfaces to keep them from succumbing to microbial growth.